

PE Topic Overview

Session 1: Year	Trampolining Aut 1	Trampolining Aut 2	Gymnastics Spr 1	Gymnastics Spr 2	Trampolining Sum 1	Trampolining Sum 2
EYFS	Coordination: Footwork Static Balance: One Leg	Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic Balance: On a Line Static Balance: Stance	Coordination: Ball Skills Counter Balance: With a Partner	Coordination: Sending and Receiving Agility: Reaction/Response	Agility: Ball Chasing Static Balance: Floor Work
1	Coordination: Footwork Static Balance: One Leg	Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic Balance: On a Line Static Balance: Stance	Coordination: Ball Skills Counter Balance: With a Partner	Coordination: Sending and Receiving Agility: Reaction/Response	Agility: Ball Chasing Static Balance: Floor Work
2	Coordination: Footwork Static Balance: One Leg	Balance to Agility: Jumping and Landing Static Balance: Seated	Dynamic Balance: On a Line Static Balance: Stance	Coordination: Ball Skills Counter Balance: With a Partner	Coordination: Sending and Receiving Agility: Reaction/Response	Agility: Ball Chasing Static Balance: Floor Work
3	Invasion Games (Netball focus)	Multi Skills	Dance	OAA	Striking and Fielding fundamentals	Athletics
4	Invasion Games (Football focus)	Circuit training and exercise	Dance	OAA	Net and Wall Badminton	Athletics
5	Invasion Games (Hockey focus)	Net and Wall - Table Tennis skills	Dance	OAA	Striking and Fielding	Athletics
6	Invasion Games (Creation focus)	Netball Twinkl Unit	Dance	OAA	Striking and Fielding - Rounders	Athletics

